



# FIRST CONFIDENCE BUILDERS

**Week 1**

English Intensive Programme for SLIIT Computing Freshers

Let's practice real-life English...



## So far, we've discussed you've learned that:

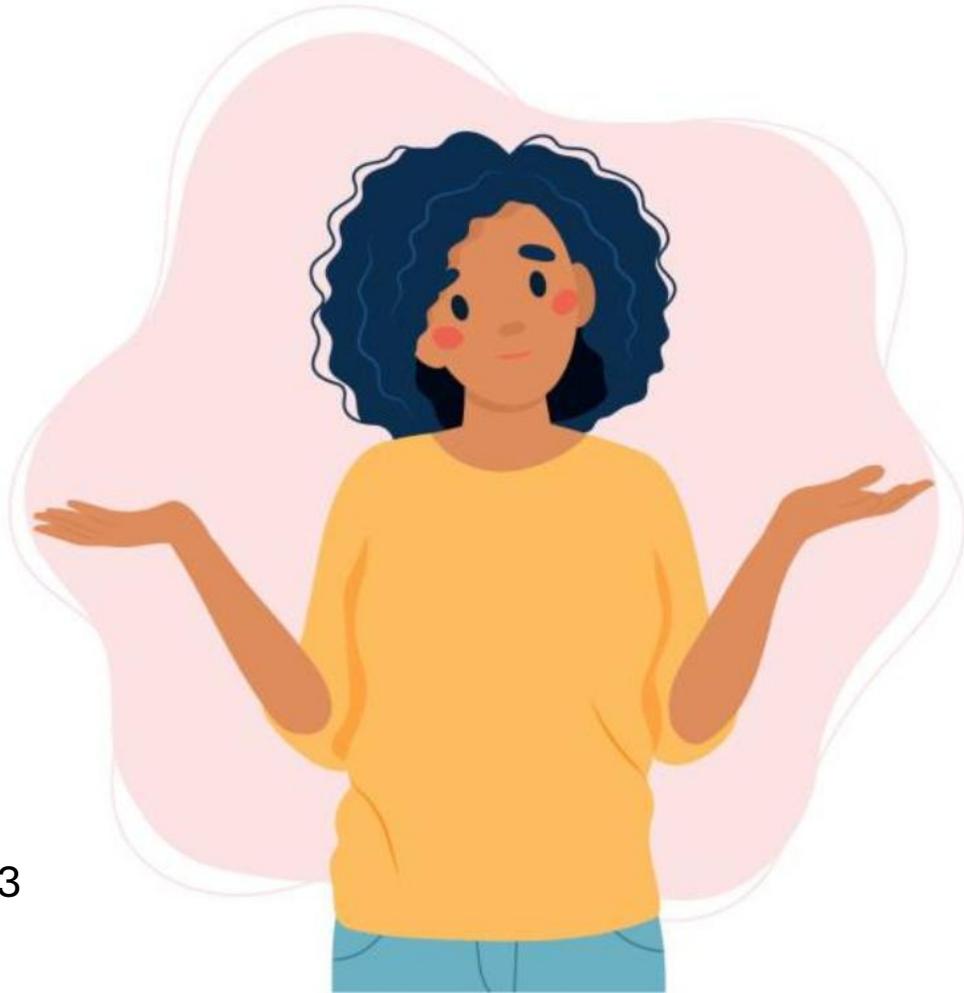
- Fear of speaking is completely normal.
- Everyone in this room has similar fears.
- Mistakes do not destroy communication.
- Confidence grows through repetition.
- Speaking for 2 minutes is not as scary as we think.
- We are capable of more than we believe.
- Then end the slide with:
- And most importantly...

You already spoke English for more than 1 hour today.



# Why practice real situations?

- English is not for exams only.
- English is for everyday life.
- Confidence grows through action.
- Small conversations build big courage.



# Communication Stations

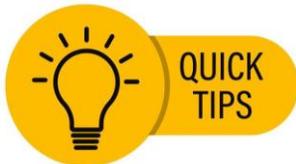
- You will work in groups.
- Each group starts at one station.
- Read the situation card at your station.
- Two students begin the role-play.
- Use the support phrases on the poster.
- Speak for 5–6 minutes.
- When time is up, rotate to the next station.
- Everyone must speak at least once at each station.
- Others can provide feedback and support accordingly.

# Ordering Food

- Student A (Customer):  
Hi, could I have a chicken burger and a small orange juice, please?
- Student B (Staff):  
Sure. Would you like anything else?
- Student A:  
Yes, do you have fries?
- Student B:  
Yes, we do. Regular or large?
- Student A:  
Regular, please. How much is it in total?
- Student B:  
It's 1200 rupees.
- Student A:  
Okay, thank you.

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It's 1200 rupees.
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Okay, thank you.



**Focus on communication – not perfection**

# ROTATE



# ROTATE



# ROTATE



# ROTATE





- Which station felt easiest?
- Which one felt challenging?
- Did you survive all 6 conversations?
- Did anyone laugh at your mistakes?

# Final Thoughts...

- Fear is normal, but staying silent is optional.
- Speak even when you feel unsure.
- Mistakes are proof that you are learning.
- Practice in real-life situations whenever possible.
- Expose yourself to English through movies, clubs, and conversations.
- Confidence grows through action, not waiting.

**“Speak before you are ready. That is how you become ready.”**

